

Minutes

ROYTON, SHAW & CROMPTON HEALTH & WELLBEING MEETING

Wednesday 09 December 2015
Royton Town Hall – 5.30pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Cllr J Turner	Crompton Ward Councillor
Cllr C Gloster	Shaw Ward Councillor
Lynda Winrow	Mahdlo
Andrea Tait	Oldham Council
Angela Broadhurst	OMBC - Housing
Jackie Hanley	OCLL
Joanne Eyles	MacMillan 1-2-1 Support
Suzanne Dyer	MacMillan 1-2-1 Support
Jonathan Sutton	Oldham Council
Linda Cain	Business Support, District Team.
APOLOGIES	
Cllr H Roberts	Royton North Ward Councillor
Cllr M Bashforth	Royton South Ward Councillor
Donna Speat	Age UK
Sharon Smith	R,S & C Cluster Chair
Simon Bennett	Lifelong Learning Centre
Maggie Kufeldt	Joint Commissioning for people (Health & Wellbeing)

1. Welcome, introductions and apologies

Liz chaired and opened the meeting, thanked those in attendance and gave apologies.

2. Minutes of the last meeting

Noted

3. Updates and matters arising from minutes

Nothing noted

4. Public Health Projects

4.1 *Slimmin without Women* – Lynda Winrow

- A new FREE 12 week programme to start in Shaw at East Crompton St James Church on Friday 15th January, between 6.30pm – 8.00pm. Slimmin without Women is aimed at men who are over 50, but no age will be turned away.

4.2 *Power to Resist* – Liz Fryman

- Working with Royton & Crompton School but take up has been extremely low. Lynda Winrow is going to contact again in the New Year and try one last time.
- CG suggested Crompton House School. CG suggested that he would have a word and see if they would become interested again, LF agreed and thanked CG, sessions to start at 6pm and last for one hour. Year 7's preferred

Action: LC to send CG some details of Power to Resist programme

4.3 Reducing Social Isolation – Liz Fryman

- Target the most isolated – housebound, very low mobility, those living with long term mental ill-health & long term physical illness, newly bereaved.
- Age UK's Promoting Independence Service could help with navigating the activities and services already out there
- Shaw and Crompton have agreed an allocation from The Public Health funding for theatre trips, commissioned from Housing 21.
- CG said that Shaw and Crompton councillors would be happy to promote any activities aimed at reducing social isolation during leaflet drops where they would be knocking anyway.
- Royton District are piloting a craft group where people can meet, chat and do something crafty

Ambition for Ageing update – Jonathan Sutton

- This is the lottery funded GM wide scheme.
- The local delivery contract has been won by a partnership of VAO and Age UK.
- £42,000 year 1 allocation needs to be spent by end of March 2016
- The scheme will recruit 8 volunteer champions – Over 50 years old – any suggestions of people living in the Crompton ward please let Liz know.
- Crompton Cllrs met with Nicola and Jackie earlier this week and discussed ways in which to make contact eg. through pharmacies, doctors and cafes for lonely, isolated people.

4.4 Defibrillator – Liz Fryman

- Defib is now up and running in Shaw at the Lifelong Learning Centre
- First Aid and CPR training has now been successfully delivered by OCL. 25 participants attended 3 sessions from which there was very positive feedback.

4.5 Walking Routes – Liz Fryman

- Re-doing the walking route leaflets with Euey
- Looking at District Centre walks/maps for working people in their lunch time.

5. Make Every Contact Count – Andrea Tait

- National programme to skill up the front facing work force to encourage and help people to make healthier choices and achieve a positive long term behaviour change.
- There will be a commissioned training session which will last approximately 2 and a half hours, there are some running from the Civic Centre in January.
- Looking for volunteers, Oldham Council front facing staff

6. Warm Home Oldham – Angela Broadhurst

- A brief was given by Angela for front line staff
- Project tackling fuel poverty throughout Oldham
- Cold weather and the impact on health
- Evidence of cold homes include: Damp and mould patches, Large difference in temperatures between rooms, Person wearing lots of clothing, heavy clothing or blankets
- What to look out for when visiting a home particularly with the elderly

What the Warm Homes scheme can offer:

- Energy efficient property improvements – insulation and heating upgrades for free where possible
- Emergency heating provision
- Income maximisation and benefits advice, help with fuel and water debt
- Help getting off prepayment meters & emergency credit
- Help switching energy tariffs and claiming warm homes discounts

- Behaviour change advice to save energy
- Referral to other preventative services (e.g. Fire Service)
- Age UK follow up visits to elderly households (to provide small energy measures, aids & adaptations and other preventative services)

Making Referrals

Phone: 0800 019 1084

Email: warmhomesoldham@keepmoat.com

Online: www.warmhomesoldham.org

For further details contact:

Angela Broadhurst, Principal Housing Energy Officer, Oldham Council

0161 770 4798

Email: angela.broadhurst@oldham.gov.uk

7. Any Other Business

7.1 PiP Age UK

Pennine Care and Age UK Oldham working together to help enable older people to take control and live a more fulfilled and independent life.

- To explore groups and activities that may be of interest to the person
- Provide access to Age UK's range of activities for the over 50's
- Deliver home safety and energy checks
- Reduce hospital admissions
- Reduce demand on GP's
- A referral form and a leaflet describing the project was provided to the meeting

7.2 MacMillan 1-2-1 Support Services

- Extra 12 months funding available for the scheme
- Aim to improve the health, wellbeing and quality of life of people affected by cancer
- Dedicated service to ensure people receive all the care, information and support they need, which is available face to face, over the telephone or via email.
- Any adult over 18 yrs affected by a cancer diagnosis, living in Oldham or is registered with a GP practise in Oldham can access the service
- 1-1 support can offer a cancer care review, sign post people to other relevant services but most of all to provide support on people's cancer journey and to provide them with confidence and the understanding to manage their own health and wellbeing

Contact MacMillan 1-1 support team

Telephone: 0161 621 7684

Email: oldham.macmillansupport@nhs.net

Post: Royton Health and Wellbeing Centre, Park Street, Royton OL2 6QW

6. Date of Next Meeting

To Be Advised